

# MAY 2023

# Flat River Academy

# LUNCH



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

Chicken Nuggets  
Mashed Potatoes/Corn  
Pears  
Wg Roll  
Choice of Milk

1

Mac and Cheese  
Green Beans  
Strawberry cup  
Garlic Breadstick  
Choice of Milk

2

BBQ Rib Sandwich  
Wg Roll  
Baked Beans/ Chips  
Peaches  
Choice of Milk

3

French Toast  
Sausage Links  
Carrots  
Apple Sauce  
Choice of Milk

4

Pizza  
Broccoli  
Pineapple  
Choice of Milk

5

Calzone  
Corn  
Mixed Fruit  
Choice of Milk

8

Spaghetti/Meat Sauce  
Garlic Bread Stick  
Celery  
Mandarin Oranges  
Choice of Milk

9

Hamburger/Wg Bun  
Baked Beans  
Chips  
Peaches  
Choice of Milk

10

Corn Dogs  
Carrots  
Grapes  
Pudding  
Choice of Milk

11

Pizza  
Broccoli  
Pineapple  
Choice of Milk

12

Sloppy Joe/ Wg Bun  
French Fries/Chips  
Strawberry cup  
Choice of Milk

15

Walking Taco  
Taco Meat/Chips  
Shredded Lettuce/Cheese  
Celery/Peaches  
Choice of Milk

16

French Toast  
Sausage Links  
Carrots  
Apple Sauce  
Choice of Milk

17

Chicken Patty/Wg Bun  
Baked Beans  
Pears  
Choice of Milk

18

Pizza  
Broccoli  
Pineapple  
Choice of Milk

19

Chicken Strips  
French Fries  
Strawberry Cup  
Choice of Milk

22

Nacho Bowl  
Shredded Chicken/Chips  
Refried Beans/Cheese Sauce  
Carrots/Pears  
Choice of Milk

23

Hot Dog/Wg Bun  
Baked Beans  
Peaches  
Choice of Milk

24

Bread Sticks  
Celery/Yogurt  
Mandarin Oranges  
Choice of Milk

25

Pizza  
Broccoli  
Pineapple  
Choice of Milk

26

**Memorial Day  
No School**

29

Spaghetti/Meat Sauce  
Garlic Bread Stick  
Celery  
Mandarin Oranges  
Choice of Milk

30

BBQ Rib Sandwich  
Wg Bun  
Baked Beans  
Peaches  
Choice of Milk

31

