November

Grizzly Cafe

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Mashed Potatoes Biscuit Peaches	3 Mac & Cheese Carrots Mixed Fruit	4 Bosco Stick Broccoli Applesauce	5 Cultural Day: Philippines Chicken Pancit Papaya & Mango Cup	6 Quesdilla Beans Grapes
9 Chicken Strips Onion Rings Fava Bean Crisps Pineapple	10 Ramen Soy Marinated Egg Bok Choy Mixed Fruit	11 Pepperoni Pizza Broccoli Applesauce	12 Chicken Pot Pie Mashed Potatoes Banana	13 Sub Cookie Carrots Apple Slices
16 Potstickers Fried Rice Corn Grapes	17 Try it Tuesday Hot Dog Pringle Snack Puffs Carrots Peaches	18 Pizza Crunchers Broccoli Applesauce	19 Alfredo Pasta Breadstick Greenbeans Sidekick	20 Cheeseburger Beans Pears
23	24	25 No School	26	27
30 Teryaki Chicken Rice Green Beans Pineapple				

Menus are subject to change based on item availability and quality.

All Meals are served with 1% White Milk or 1% Chocolate Milk

Break and Lunch are FREE daily!

This institute is an equal opportunity provider.

November

Grizzly Cafe

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
2 Choose 1: 1. Strawberry Oatmeal Bar 2. Trix Cheese Stick Fruit & Juice	3 Choose 1: 1. Cook's Choice 2. Chat Snax Yogurt Fruit & Juice	4 Choose 1: 1. Smoothie 2. Frosted Mini Wheats Cheese Stick Fruit & Juice	5 Choose 1: 1. Bagel w/ Cream Cheese 2. GoldFish Yogurt Fruit & Juice	6 Choose 1: 1. Cosmic Confetti Waffle 2. Cocoa Puffs Cheese Stick Fruit & Juice
9 Choose 1: 1. Apple Oatmeal Bar 2. Trix Cheese Stick Fruit & Juice	10 Choose 1: 1. Cinnamon Roll 2. Chat Snax Yogurt Fruit & Juice	11 Choose 1: 1. Muffin 2. Frosted Mini Wheats Cheese Stick Fruit & Juice	12 Choose 1: 1. Yogurt Parfait 2. GoldFish Cheese Stick Fruit & Juice	13 Choose 1: 1. Glazed Pull Apart Donut 2. Cocoa Puffs Cheese Stick Fruit & Juice
16 Choose 1: 1.Chocolate Chip Oatmeal Bar 2. Trix Cheese Stick Fruit & Juice	17 Choose 1: 1. Egg & Cheese Burrito 2. Chat Snax Yogurt Fruit & Juice	18 Choose 1: 1. Smoothie 2. Frosted Mini Wheats Cheese Stick Fruit & Juice	19 Choose 1: 1. Bagel w/ Peanut Butter 2. GoldFish Yogurt Fruit & Juice	20 Choose 1: 1. Mini Maple Waffles 2. Cocoa Puffs Cheese Stick Fruit & Juice
23	24	25 No School	26	27
30 Choose 1: 1. Strawberry Oatmeal Bar 2. Trix Cheese Stick Fruit & Juice				

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