

# SEPTEMBER 2023

## FlatRiver Academy

### LUNCH



#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY



**Labor Day**  
**No School**

4

BBQ Rib Sandwich  
Baked Beans  
Pears  
Choice of Milk

5

Pizza  
Broccoli  
Pineapple  
Choice of Milk

6

Corn Dogs  
Tator Tots  
Mandarin Oranges  
Choice Of Milk

7

No School

1

Cheese Bread Sticks  
Celery  
Strawberry Cup  
Yogurt  
Choice of Milk

8

Chicken Patty/Wg Bun  
French Fries  
Peaches  
Choice of Milk

11

Nacho Bowl  
Shredded Chicken/Chip  
Refried Beans  
Pears  
Choice of Milk

12

Pizza  
Broccoli  
Pineapple  
Choice of Milk

13

Hamburger/Wg Bun  
Celery  
Mac & Cheese  
Mandarin Oranges  
Choice of Milk

14

Calzone  
Carrots  
Strawberry Cup  
Choice of Milk

15

Chicken Strips  
Curly Fries  
Peaches  
Choice of Milk

18

Walking Tacos  
Taco Meat/Chips  
Lettuce/Cheese  
Carrots/Pears  
Choice of Milk

19

Pizza  
Broccoli  
Pineapple  
Choice of Milk

20

Hot Dog/Wg Bun  
Baked Beans  
Mandarin Oranges  
Choice of Milk

21

Cheese Bread Sticks  
Celery  
Strawberry Cup  
Yogurt  
Choice of Milk

22

KFC Bowl  
Chicken Nuggets  
Mashed Potatoe/Corm  
Peaches  
Choice of Milk

25

Sloppy Joe  
Green Beans  
Pears  
Choice of Milk

26

Pizza  
Broccoli  
Pineapple  
Choice of Milk

27

Waffle  
Sausage Links  
Tator Rounds  
Mandarin Oranges  
Choice of Milk

28

Hot Pocket  
Carrots  
Strawberry Cup  
Choice of Milk

29