

# JANUARY 2023

## FlatRiver Academy

### LUNCH



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

No School

2

No School

3

No School

4

Chicken Strips  
French Fries  
Mandarin Oranges  
Choice Of Milk

5

Pizza  
Broccoli  
Pineapple  
Choice Of Milk

6

Corn Dogs  
Potato Wedge  
Mixed Fruit  
Choice Of Milk

9

Chicken Nachos  
Refried Beans/Cheese Sauce  
Pears  
Choice Of Milk

10

BBQ Rib Sandwich  
Curly Fries  
Peaches  
Choice Of Milk

11

Spaghetti/Meat Sauce  
Celery  
Mandarin Oranges  
Choice Of Milk

12

Pizza  
Broccoli  
Pineapple  
Choice Of Milk

13

Mac and Cheese  
Celery  
Mixed Fruit  
Choice Of Milk

16

Walking Taco  
Taco Meat/Dorito Chips  
Shredded Lettuce/Cheese  
Pears/Choice Of Milk

17

Chicken Patty  
Baked Beans  
Peaches  
Choice Of Milk

18

French Toast Sticks  
Sausage Links  
Carrots/Mandarin Oranges  
Choice Of Milk

19

Pizza  
Broccoli  
Pineapple  
Choice Of Milk

20

Calzone  
Celery  
Mixed Fruit  
Choice Of Milk

23

Chicken Nuggets  
Mashed Potatoes  
Pears  
Choice Of Milk

24

Hot Dog  
Baked Beans  
Peaches  
Choice Of Milk

25

Breadsticks  
Carrots  
Mandarin Oranges  
Choice Of Milk

26

Pizza  
Broccoli  
Pineapple  
Choice Of Milk

27

Tomato Soup  
Grilled Cheese/Celery  
Mixed Fruit  
Choice Of Milk

30

Hamburger  
Carrots  
Pears  
Choice Of Milk

31

