

DECEMBER 2023

Flat River Academy

BREAKFAST



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Pop Tart
Yogurt
Cup of Fruit
Juice
Choice of Milk

4

Muffin
Cheese Stick
Cup of Fruit
Juice
Choice of Milk

5

Cinnamon Roll Day
Cheese Crackers
Cup of Fruit
Juice
Choice of Milk

6

Bagel
Yogurt
Cup of Fruit
Juice
Choice of Milk

7

Powdered Donuts
Scooby Snack
Cup of Fruit
Juice
Choice of Milk

1

Trix Bar
Yogurt
Cup of Fruit
Juice
Choice of Milk

11

Muffin
Cheese Stick
Cup of Fruit
Juice
Choice of Milk

12

Cinnamon Roll Day
Cheese Crackers
Cup of Fruit
Juice
Choice of Milk

13

Bagel
Yogurt
Cup of Fruit
Juice
Choice of Milk

14

Powdered Donuts
Scooby Snack
Cup of Fruit
Juice
Choice of Milk

15

No School

18

No School

19

No School

20

No School

21

No School

22

No School
MERRY
CHRISTMAS

25

No School

26

No School

27

No School

28

No School

29