

September

Grizzly Cafe

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Choose 1: 1. Egg & Cheese Burrito 2. Chat Snax Yogurt Fruit & Juice	2 Choose 1: 1. Muffin 2. Frosted Mini Wheats Cheese Stick Fruit & Juice	3 Choose 1: 1. Pancake & Sausage on a Stick 2. GoldFish Yogurt Fruit & Juice	4 No School
7 No School	8 Choose 1: 1. Cook's Choice 2. Chat Snax Yogurt Fruit & Juice	9 Choose 1: 1. Smoothie 2. Frosted Mini Wheats Cheese Stick Fruit & Juice	10 Choose 1: 1. Bagel w/ Cream Cheese 2. GoldFish Yogurt Fruit & Juice	11 Choose 1: 1. Cosmic Confetti Waffle 2. Cocoa Puffs Cheese Stick Fruit & Juice
14 Choose 1: 1. Chocolate Chip Oatmeal Bar 2. Trix Cheese Stick Fruit & Juice	15 Choose 1: 1. Cinnamon Roll 2. Chat Snax Yogurt Fruit & Juice	16 Choose 1: 1. Muffin 2. Frosted Mini Wheats Cheese Stick Fruit & Juice	17 Choose 1: 1. Yogurt Parfait 2. GoldFish Cheese Stick Fruit & Juice	18 Choose 1: 1. Glazed Pull Apart Donut 2. Cocoa Puffs Cheese Stick Fruit & Juice
21 Choose 1: 1. Double Chocolate Oatmeal Bar 2. Trix Cheese Stick Fruit & Juice	22 Choose 1: 1. Sausage & Cheese McMuffin 2. Chat Snax Yogurt Fruit & Juice	23 Choose 1: 1. Smoothie 2. Frosted Mini Wheats Cheese Stick Fruit & Juice	24 Choose 1: 1. Bagel w/ Peanut Butter 2. GoldFish Yogurt Fruit & Juice	25 Choose 1: 1. Mini Maple Waffles 2. Cocoa Puffs Cheese Stick Fruit & Juice
28 Choose 1: 1. Apple Oatmeal Bar 2. Trix Cheese Stick Fruit & Juice	29 Choose 1: 1. Egg & Cheese Burrito 2. Chat Snax Yogurt Fruit & Juice	30 Choose 1: 1. Muffin 2. Frosted Mini Wheats Cheese Stick Fruit & Juice	Menus are subject to change based on item availability and quality. All Meals are served with 1% White Milk or 1% Chocolate Milk	

Break and Lunch are FREE daily!

This institute is an equal opportunity provider.